



25th May 2018

Dear Parents and Carers,

This term has flown by and we now find ourselves at our final half term before the last sprint to summer.

One of the highlights of this term was our nomination for the DRET Inspiration Awards. We were one of only 2 academies out of 34 nominated for our commitment to the Enrichment programme. We are immensely proud of the rounded curriculum we offer. Our commitment to Dance, Singing and Outdoor Learning continues and I am determined that Ingoldsby will take home a DRET award next year!

Hedgehog and Owl Class enjoyed a trip to the local church to learn about the Christian tradition of baptism where Reverend Anna baptised some teddy bears.

Mrs Bland was impressed by our netballers, Isobelle Hobson, Sophie Greenhalgh, Ava Walken, Laurie Ebbins, Charles Grindal, Beatrice Grindal and Ellie Earnshaw for amazing fighting team spirit in scorching conditions!

Fun was had by all at our picnic to celebrate the wedding of Prince Harry and Meghan Markle!



Today we had a Sports Enrichment day with Alex Green. Children from year 1 to 6 had the opportunity to take part in virtual competitions of speed shot and speed throw whilst Hedgehog Class took part in their Horizon Sports Programme. All the children showed superb sportsmanship but some children took their turn to shine. Jessica Butcher and Laurie Ebbins in Year 5 threw a ball at 40 and 41 miles per hour respectively! Jesse Wells in Year 3 stood out with a throw of 34 miles per hour and Charles Grindal threw 36 miles an hour which is the fastest Y3 in the southern cluster of DRET schools!

As you may know, Year 2 and 6 have taken their end of key stage tests known as Sats. The year 2s have asked me this week when we are doing the tests and were a little surprised when I told them that they were already complete! Well done Edward Greenhalgh, George Holland, Emily Butcher and Perry Ebbins. Year 6 have shown such determination, perseverance and have gone above and beyond to do their very best. Miss Canny, Mrs Bland and I could not be prouder of their efforts. Those qualities are sought after by employers and friends. Well done Robert Easey, Isobelle Hobson, Sophie Greenhalgh and Aisha Austen.

Upcoming dates:

Library Bus visits: 5th June, 3rd July

Hockey Master Class for Summer Cup Team: 7th June

Sports Day: 18th June at 1.15 pm

Rounders Match at Charles Read: 19th June

Musical Medley at Ingoldsby Church (celebration performance): 25th June

Dance Festival for after-school dance club members at the Corby Cube: 29th June

Woodland Trust Assembly: 2nd July

Summer Cup at the Grantham Meres, 3rd July

Sponsored run for DRET Inspiration fund (Funds our dancing, singing and additional sports) and Pulmonary Hypertension Association (Sponsor form attached): 5th July

Open Days: 9th July, 12th July

Y5 STEM day at Charles Read: 10th July

Tattershall Farm Park Trip: 13 July

Athletics Festival Charles Read - School Team to be selected: 17th July

Celebration Assembly: 20th July

Have a lovely half term break everybody!

Mel Capes
Principal



So what is PH?

PH is a rare, life threatening lung disease in which the blood pressure in the arteries of the lungs elevates, putting stress on the heart and reducing the amount of oxygen that is able to reach the tissues of the body.

Sounds serious. It is!

Because of its rarity and the fact that it shares many symptoms with other more common conditions like asthma, it can take two years or more for PH to be diagnosed. There is no cure, but there are effective treatments that can help sufferers if they are diagnosed early in the disease progression. Untreated, however, PH has a worse prognosis than many forms of cancer.

So what are the symptoms?

Chronic fatigue, shortness of breath, chest pains, fainting and swollen ankles and legs.

**If you have shortness of breath that is not improving
with treatment, talk to your doctor.
It's rare, but it is worth asking the question.
Could it be PH?**